

# Patient and caregiver perspectives in hepatobiliary cancer

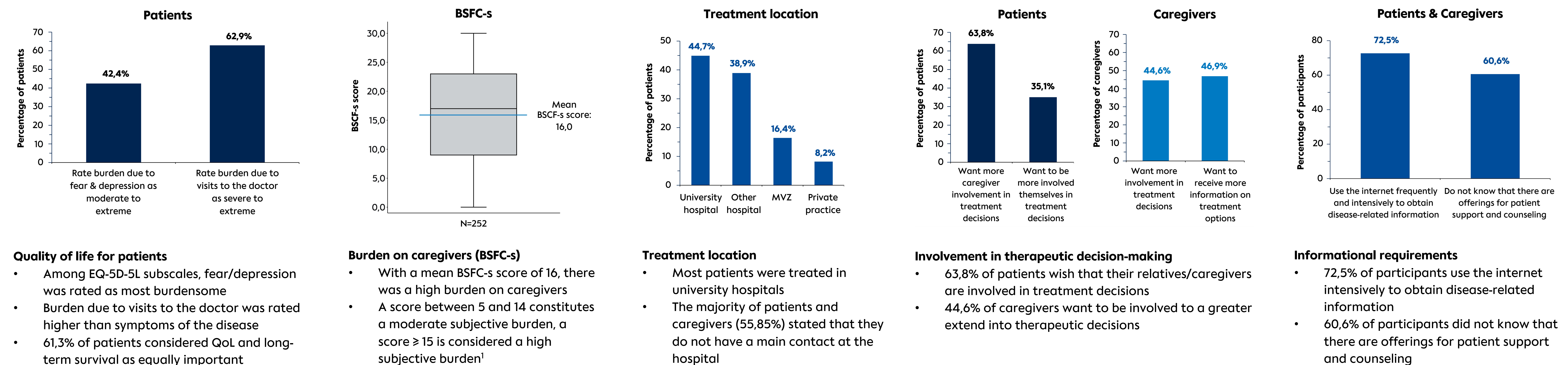
## Background

- In cancer therapy, perspectives of patients and caregivers are highly important and should be included in treatment decisions
- For hepatocellular carcinoma (HCC) and biliary tract cancer (BTC), these data are largely missing
- New approaches to collect reliable data on patient and caregiver perspectives are urgently needed to improve care of hepatobiliary cancer
- We aimed to gain better insight into the needs and expectations of HCC / BTC patients and their caregivers

## Methods

- We conducted an online survey distributed via social media with a detailed questionnaire for HCC/BTC patients and caregivers, assessing, among others:
  - The diagnostic and therapeutic journeys as well as disease characteristics
  - Quality of life (QoL) parameters (e.g., via EQ-5D-5L score)
  - Involvement of patients and caregivers in therapeutic decision-making
  - Psychological burden on patients and burden on caregivers (e.g., via BSFC-s score)
  - Informational/educational requirements of patients/caregivers and possible knowledge gaps
- 340 people completed the survey, 80 patients and 260 caregivers

## Results



## Discussion and Conclusion

- Our results highlight the importance of patient and caregiver perspectives for implementing a modern and patient-centered care in hepatobiliary cancer
- Due to the heterogeneity of the analyzed population and the small sample size, interpretation of data should be done with caution. In a next step, these data should therefore be complemented with additional real-world data, e.g., from routine care
- In conclusion, comprehensive data from this survey on patient and caregiver perspectives point to a medical need to improve QoL and reduce the burden on caregivers
- There is a high demand for more patient/caregiver information, education, and involvement

### Referenzen

1. Pendergrass A. et al. BMC Health Serv Res. 2018 Apr 2;18(1):229.

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